



PLACES OF WORSHIP:

Our Lady of Lourdes, 135 High Street, Sawston, CB22 3HJ
St. John Fisher, High Street, Cambourne, CB23 6GW

PRESBYTERY:

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LENT & EASTER PROGRAMME 2026

Date	OLOL Church (CB22 3HJ)	SJF Church (CB23 6GW)
Ash Wednesday 18 th February	* 9.30: Holy Mass (Confession) * 18.00: Holy Mass	* 12.30: Holy Mass (Confession) * 20.00: Holy Mass (Confession)
Thursday 19 th February	* 9.30: Holy Mass (Confession)	* 18.30: Holy Mass (Confession)
Friday 20 th February	* 9.30: Holy Mass (Confession) * 15.00: Stations of the Cross (English) * 18.30: Stations of the Cross (Malayalam)	* 18.30: Holy Mass (Confession)
Saturday 21 st February	* 9.30: Holy Mass followed by Adoration of the Blessed Sacrament, Rosary & Confession	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
FIRST SUNDAY OF LENT 22 nd February	* 8.45: Holy Mass * 10.00: <i>Extra Mass</i> * 11.15: Holy Mass (Confession)	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
Monday 23 rd February	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Tuesday 24 th February	* 19.00: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Wednesday 25 th February	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Thursday 26 th February	* 9.30: Holy Mass (Confession) * 18.00: Adoration & Confession followed by Station Mass at OLEM	* 18.00: Adoration & Confession followed by Station Mass at OLEM
Friday 27 th February (CAFOD FAST DAY)	* 9.30: Holy Mass (Confession) * 15.00: Stations of the Cross (English) * 18.30: Stations of the Cross (Malayalam)	* 18.30: Holy Mass (Confession)
Saturday 28 th February	* 9.30: Holy Mass followed by Adoration of the Blessed Sacrament, Rosary & Confession * 13.00: Confession followed by Holy Mass (Cantonese)	* 14.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
SECOND SUNDAY OF LENT 1 st March	* 8.45: Holy Mass * 10.00: <i>Extra Mass</i> * 11.15: Holy Mass (Confession)	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
Monday 2 nd March	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Tuesday 3 rd March	* 19.00: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Wednesday 4 th March	* 9.30: Holy Mass (Confession) * 10.15: Syro-Malabar Retreat	* 12.30: Holy Mass (Confession)
Thursday 5 th March	* 9.30: Holy Mass (Confession) * 10.15: Syro-Malabar Retreat	* 18.30: Holy Mass (Confession)

Date	OLOL Church (CB22 3HJ)	SJF Church (CB23 6GW)
Saturday 7 th March	* 9.30: Holy Mass followed by Adoration of the Blessed Sacrament, Rosary & Confession	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
THIRD SUNDAY OF LENT 8 th March	* 8.45: Holy Mass * 10.00: <i>Extra Mass</i> * 11.15: Holy Mass (Confession)	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
Monday 9 th March	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Tuesday 10 th March	* 19.00: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Wednesday 11 th March	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Thursday 12 th March	* 9.30: Holy Mass (Confession)	* 18.30: Holy Mass (Confession)
Friday 13 th March	* 9.30: Holy Mass (Confession) * 15.00: Stations of the Cross (English) * 18.30: Stations of the Cross (Malayalam)	* 18.30: Holy Mass (Confession)
Saturday 14 th March	* 9.30: Holy Mass followed by Adoration of the Blessed Sacrament, Rosary & Confession * 13.00: Confession followed by Holy Mass (Cantonese)	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
FOURTH SUNDAY OF LENT (Lætare) 15 th March	* 8.45: Holy Mass * 10.00: <i>Extra Mass</i> * 11.15: Holy Mass (Confession)	* 17.00: Holy Mass followed by Stations of the Cross
Monday 16 th March	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Tuesday 17 th March (ST PATRICK' DAY)	* 19.00: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Wednesday 18 th March	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
Thursday 19 th March ST JOSEPH	* 9.30: Holy Mass (Confession)	* 18.30: Holy Mass (Confession)
Friday 20 th March	* 9.30: Holy Mass (Confession) * 15.00: Stations of the Cross (English) * 17.30: Stations of the Cross (Malayalam)	* 18.30: Holy Mass (Confession)
Saturday 21 st March	* 9.30: Holy Mass followed by Adoration of the Blessed Sacrament, Rosary & Confession * 14.00: PARISH RETREAT	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross * PARISH MISSION
FIFTH SUNDAY OF LENT 22 nd March	* 8.45: Holy Mass * 10.00: <i>Extra Mass</i> * 11.15: Holy Mass (Confession) * PARISH MISSION	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross * PARISH MISSION
Monday 23 rd March	* 9.30: Holy Mass (Confession) * PARISH MISSION	* 12.30: Holy Mass (Confession) * PARISH MISSION
Tuesday 24 th March	* 19.00: Holy Mass (Confession) * PARISH MISSION	* 12.30: Holy Mass (Confession) * PARISH MISSION
Wednesday 25 th March (THE ANNUNCIATION)	* 9.30: Holy Mass (Confession) * PARISH MISSION	* 12.30: Holy Mass (Confession) * PARISH MISSION
Thursday 26 th March	* 9.30: Holy Mass (Confession) * PARISH MISSION	* 18.30: Holy Mass (Confession) * PARISH MISSION
Friday 27 th March	* 9.30: Holy Mass (Confession) * 15.00: Stations of the Cross (English) * 18.30: Stations of the Cross (Malayalam) * PARISH MISSION	* 18.30: Holy Mass (Confession) * PARISH MISSION
Saturday 28 th March	* 9.30: Holy Mass followed by Adoration of the Blessed Sacrament, Rosary & Confession * PARISH MISSION	* 16.30: Confession * 17.00: Vigil Mass of Palm Sunday followed by Stations of the Cross * PARISH MISSION
PALM SUNDAY 29 th March	* 8.45: Holy Mass * 10.00: <i>Extra Mass</i> * 11.15: Holy Mass (Confession)	* 16.30: Confession * 17.00: Holy Mass followed by Stations of the Cross
Monday 30 th March	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)

Date	OLOL Church (CB22 3HJ)	SJF Church (CB23 6GW)
Tuesday 31 st March	* 09.00: Coach to the Chrism Mass at the Cathedral	* 08.30: Coach to the Chrism Mass at the Cathedral
Wednesday 1 st April	* 9.30: Holy Mass (Confession)	* 12.30: Holy Mass (Confession)
MAUNDY THURSDAY 2 ND APRIL	SACRED PASCHAL * 21.00: The Lord's Supper followed by Adoration & Night Prayer at midnight	TRIDUUM * 18.00: The Lord's Supper
GOOD FRIDAY 3 RD APRIL	* 10.00: Ecumenical Walk of Witness * 15.00: The Lord's Passion * 18.30: Stations of the Cross (English) * 19.30: Stations of the Cross (Malayalam)	* 18.00: The Lord's Passion
HOLY SATURDAY 4 TH APRIL	* 11.00: Święconka * 21.00: Easter Vigil	* 14.00: Święconka * 18.00: Easter Vigil
EASTER SUNDAY 5 TH APRIL	* 8.45: Easter Mass * 11.15: Easter Mass	* 17.00: Easter Mass
Monday 6 th April	* 9.30: Holy Mass	* 12.30: Holy Mass
Tuesday 7 th April	* 9.30: Holy Mass	* 12.30: Holy Mass
Wednesday 8 th April	* 9.30: Holy Mass	* 12.30: Holy Mass
Thursday 9 th April	* 9.30: Holy Mass	* 18.30: Holy Mass
Friday 10 th April	* 9.30: Holy Mass	* 18.30: Holy Mass
Saturday 11 th April	* 9.30: Holy Mass	* 17.00: Holy Mass
DIVINE MERCY SUNDAY 12 th April	* 8.45: Holy Mass * 11.15: Mass	* 17.00: Holy Mass

Outside the Lenten season, Confession is at any time before or after Mass when the priest is available.
Please do not hesitate to ask him.

Wishing you and all your loved ones a holy Lent and a blessed Easter.



CELEBRATIONS DURING THE LENTEN SEASON (Extracts from *Paschale Solemnitatis*)

11. The Sundays of Lent take precedence over all feasts and all solemnities. Solemnities occurring on these Sundays are observed on the preceding Saturday. The weekdays of Lent have precedence over obligatory memorials.

12. The catechesis on the paschal mystery and the sacraments should be given a special place in the Sunday homilies. The text of the Lectionary should be carefully explained, particularly the passages of the Gospel that illustrate the diverse aspects of baptism and the other sacraments and the mercy of God.

13. Pastors should frequently and as fully as possible explain the word of God in homilies on weekdays, in celebrations of the word of God, in penitential celebrations, in various reunions, in visiting families, or on the occasion of blessing families. The faithful should try and attend weekday Mass and where this is not possible they should at least be encouraged to read the lessons, either with their family or in private.

14. 'The Lenten season should retain something of its penitential character'. 'As regards catechesis, it is important to impress on the minds of the faithful not only the social consequences of sin but also that aspect of the virtue of penance, which involves the detestation of sin as an offence against God'.

The virtue and practice of penance form a necessary part of the preparation for Easter. From that inner conversion of heart should spring the practice of penance, both for the individual Christian and the whole community; which while being adapted to the conditions of the present time should nevertheless witness to the evangelical spirit of penance and also be to the advantage of others.

The role of the Church in penitential practices is not to be neglected and encouragement is to be given to pray for sinners. This intention should be included in the prayer of the faithful.

15. 'The faithful are to be encouraged to participate in an ever more intense and fruitful way in the Lenten liturgy and in penitential celebrations. They are to be clearly reminded that both according to the law and tradition, they should approach the sacrament of penance during this season, so that with purified heart they may participate in the paschal mysteries. It is appropriate that during Lent the sacrament of penance be celebrated according to the rite for the reconciliation of several penitents with individual confession and absolution, as given in the Roman Ritual'.

Pastors should devote themselves to the ministry of reconciliation and provide sufficient time for the faithful to avail themselves of this sacrament.

16. 'All Lenten observances should be of such a nature that they also witness to the life of the local Church and foster it. The Roman tradition of the 'stational' churches can be recommended as a model for gathering the faithful in one place. In this way, the faithful can assemble in larger numbers, especially under the leadership of the bishop of the diocese, or at the tombs of the saints, or in the principle churches of the city or sanctuaries, or some place of pilgrimage which has a special significance for the diocese'.

17. 'In Lent, the altar should not be decorated with flowers, and musical instruments may be played only to give necessary support to the singing'. This is in order that the penitential character of the season be preserved.

18. Likewise, from the beginning of Lent until the Paschal Vigil, 'Alleluia' is to be omitted in all celebrations, even on solemnities and feasts.

19. The chants to be sung in celebrations, especially of the Eucharist, and also at devotional exercises should be in harmony with the spirit of the season and the liturgical texts.

20. Devotional exercises that harmonize with the Lenten season are to be encouraged, for example, 'The Stations of the Cross'. They should help foster the liturgical spirit with which the faithful can prepare themselves for the celebration of Christ's paschal mystery.