

OUR LADY OF LOURDES AND SAINT JOHN FISHER PARISH

Roman Catholic Diocese of East Anglia
Charity No. 278742

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Our Lady of Lourdes (OLOL)

135 High Street,
Sawston, CB22 3HJ

St John Fisher (SJF)

Church Centre, High Street
Cambourne, CB23 6GW

Week commencing Sunday, 8th August 2021

19th WEEK OF THE YEAR – Year B, Weekday Cycle I, Psalter Week 3

SERVICE & MASS TIMES

THE HOLY FATHER'S PRAYER INTENTIONS FOR AUGUST 2021
The Church

Let us pray that we, as Church, may receive from the Holy Spirit the grace
and strength to be reformed in the light of the Gospel

Dates	OLOL Community https://www.ololsawston.org.uk YouTube: Our Lady of Lourdes and Saint John Fisher Parish	SJF Community http://cambournerc.com YouTube: St John Fisher Church Facebook: Cambourne Catholic Church
Saturday, 07.08.2021 St Sixtus II Pp & Comps. MM	9.30 am: Holy Mass	17.00: Vigil Mass for 19th Sunday in Ordinary Time (Pro populo)
Sunday 08.08.2021 19th Sunday in Ordinary Time	8.45 am: Holy Mass (Mollie Evans+); (Basil & Timothy Chibanda's Intentions) 11.15 am: Holy Mass (Thanksgiving)	17.00: Holy Mass (Cynthia Murzello†)
Monday, 09.08.2021 ST TERESA BENEDICTA OF THE CROSS VM PATRON OF EUROPE Feast	9.30 am: Holy Mass (Benefactors)	12.30: Holy Mass
Tuesday, 10.08.2021 St Lawrence DnM Feast	9.30 am: Holy Mass (Canon Patrick Grogan†), (Fr Thomas Walker†)	12.30: Holy Mass (Fr Stephen Doupet†)
Wednesday, 11.08.2021 St Clare V Mem	9.30 am: Holy Mass (Rev. Ron O'Toole)	12.30. Holy Mass
Thursday, 12.08.2021 St Jane Frances de Chantal Rel	9.30 am: Holy Mass (Cristino Mendoza+)	12.30 Holy Mass (Private Intentions)
Friday 13.08.2021 Ss Pontian Pp & Hippolytus P MM	9.30 am: Holy Mass (Holy souls)	19.15 Holy Mass
Saturday, 14.08.2021 St Maximillian Mary Kolbe, PM Mem	9.30 am: Holy Mass (Nicholas Cann+)	17.00: Vigil Mass for 20th Sunday in Ordinary Time (Alfred de Souza†)
Sunday 15.08.2021 20th Sunday in Ordinary Time The Assumption of the BVM	8.45 am: Holy Mass (Monica & Cyril Morris+); (Yvonne & Theresa Chibanda's Intentions) 11.15 am: Holy Mass (Pro Populo)	17.00: Holy Mass (John & Clara D'mello†)

ORDER OF MASS

ENTRANCE ANTIPHON: (Cf. Ps 73:20,19,22,23)

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

PENITENTIAL RITE

You were sent to heal the contrite of heart:
You came to call sinners:
You are seated at the right hand of the Father to intercede for us:

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen

LITURGY OF THE WORD

First Reading: First book of Kings (19:4-8)

*Strengthened by the food he walked until
he reached the mountain of God.*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.
The word of the Lord.

Responsorial Psalm: (Ps 33: 2-9. R. v.9)

R. Taste and see that the Lord is good.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called, the Lord heard him
and rescued him from all his distress. **R**

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **R**

Second Reading: Ephesians (4:30-5:2)

Follow Christ by loving as he loved you.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.

Gospel Acclamation: (Jn. 14:23)

Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.. Alleluia!

Gospel: John (6: 41-51)

I am the living bread which has come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me
 unless he is drawn by the Father who sent me,
 and I will raise him up at the last day.
 It is written in the prophets:
They will all be taught by God,
 and to hear the teaching of the Father,
 and learn from it,
 is to come to me.
 Not that anybody has seen the Father,
 except the one who comes from God:
 he has seen the Father.
 I tell you most solemnly,
 everybody who believes has eternal life.
 'I am the bread of life.
 Your fathers ate the manna in the desert
 and they are dead;
 but this is the bread that comes down from heaven,
 so that a man may eat it and not die.
 I am the living bread which has come down from heaven.
 Anyone who eats this bread will live for ever;
 and the bread that I shall give is my flesh,
 for the life of the world.'

The Niceno-Constantinopolitan Creed

I believe in one God, the Father almighty,
 maker of heaven and earth,
 of all things visible and invisible.

I believe in one Lord, Jesus Christ,
 the Only Begotten Son of God,
 born of the Father before all ages.
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 consubstantial with the Father;
 through him all things were made.
 For us men and our salvation
 he came down from heaven, **(please bow)**
and by the Holy Spirit was incarnate of the
Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
 he suffered death and was buried,
 and rose again on the third day
 in accordance with the Scriptures.
 He ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory
 to judge the living and the dead
 and his kingdom will have no end.
 I believe in the Holy Spirit,
 the Lord, the giver of life,
 who proceeds from the Father and the Son,
 who with the Father and the Son is adored and
 glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I
 confess one Baptism for the forgiveness of sins and I
 look forward to the resurrection of the dead and the life
 of the world to come. Amen.

Communion Antiphon (Ps 147:12,14)

**O Jerusalem, glorify the Lord, who gives you
 your fill of finest wheat.**

SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the
 Holy Sacrament of the altar. I love you above all
 things and I passionately desire to receive you
 into my soul. Since I cannot now receive you
 sacramentally, come spiritually into my soul so
 that I may unite myself wholly to you now and
 forever. Amen.

PRAYER TO ST JOSEPH

St Joseph, watch over me
 and care for me,
 just as you cared for Jesus
 when he was a child:
 and by your help
 may I come to know Jesus,
 the Son of God,
 and so grow in love,
 strength and wisdom. Amen

NOTICES

In Memoriam: All who have gone before us,
 especially those whose anniversaries occur
 around this week: Siobhan Myock, John Sweeney
 John Denis Buckley, Iris Breen, Laurence Oliver,
 Arthur Cecil Sugggett, Bernard Wilkins, Francis
 White-Robinson, Monica Wildsmith, Arthur Archer,
 Patrick Herraghty, John Kennedy, Bernard Turner,
 and Thomas Tanner.

+ Sympathies & Prayers: Nicholas Cann
 peacefully passed away at Arthur Rank. May he
 rest in peace.

+ SUNDAY COLLECTIONS: If you wish to give
 an offering, please give by standing order or
 make a bank transfer. If this is impossible for
 you, we will accept cash or cheque placed in an
 envelope. Your help would be greatly
 appreciated.

Thank you very much for your generosity. Last
 week you gave:

- **OLOL:** Standing Orders: £837; Donation £190;
 Mass stipends £50.

- **SJF:** Standing Orders: £381; Donation: £50.

- **CAMBOURNE:** Cheques payable to **SJF**
CHURCH. Bank transfer details: Barclays Bank
 UK Plc., Sort code: 20-17-20, Account number
 33031454.

- **SAWSTON:** Cheques payable to **LOL & SJF PARISH**. Bank transfer details: Barclays Bank UK Plc., Sort code: 20-17-20, Account number 03187187. Please note that although this is named as a parish account it is in fact the Sawston account.

+ All scheduled Masses in Cambourne are live streamed on Facebook: **Cambourne Catholic Church** and YouTube: **St John Fisher Church**.

+ All scheduled Masses in Sawston are live streamed on YouTube: **Our Lady of Lourdes and Saint John Fisher Parish**, unless otherwise stated.

+ Please contact the Parish Office by 12 Noon on Tuesday 17th, August 2021 if you would like your intentions for yourselves, or for your loved ones - living or deceased - to be included in our prayers and Mass in the coming week.

+ In light of the latest guidance, it is now possible to bring Holy Communion to the housebound. Please let Fr John know if you or your loved ones would like to receive HC at home. Due to the restrictions, we need more Special Ministers to carry out this ministry. Please contact Fr John if you could help. It is important to check with our Safeguarding Representatives [Cambourne: Mary (mary@mansfield.co.uk); Sawston: Gayle (safeguarding.ololgw@gmail.com)] to see if you need to renew your DBS check.

FIRST HOLY COMMUNION AND CONFIRMATION CLASSES IN CAMBOURNE AND SAWSTON

Parents of all children wishing to make their First Holy Communion and those who would like to be confirmed in 2022 should download the relevant form from the appropriate websites and give it to Fr John with a copy of their Baptism certificate (candidate of Confirmation: a copy of the First Holy Communion) at Mass, or by post to 135 High Street, Sawston, Cambridge, CB22 3HJ, as soon as possible. We need to know the number of children who may join the class this year in order to organise it

Deadline: 30th September 2021.

OTHER NEWS

*** IN MEMORY OF ANTOINETTE ATKIN**, who was the pastoral assistant at OLEM. She helped with pastoral care for Cambourne and Sawston when Fr Tony Rogers was the Parish Priest. When she passed away last year, we could not attend her funeral. So at 6pm on Thursday 6th September, there will be Mass for her at St. Laurence's followed by reception. Everybody is welcome to attend to give thanks to God for her ministry among us.

*** LOL READERS:** Pat Richardson will be compiling a new Readers Rota for 11.15 Sunday Mass, starting from the first Sunday of September. If anyone wishes to come off the rota or anyone wishes to be added, please email patrichardson01@gmail.com

*** ADDENBROOKE'S HOSPITAL CHAPLAINCY:** Please contact the Chaplaincy Office directly on (01223) 217769 to inform them of any Catholic family members who may have been admitted to ensure that they are registered as a Catholic, and that the patient has ticked the box giving permission for the Catholic Chaplain, or a member of the Chaplaincy Team to visit. In case of emergency, please ask the staff nurse to contact the Catholic Chaplain on duty.

+ Radio Maria England in Cambridge has been awarded a grant to look at the relationship between science and faith through the Scientists in Congregations programme.

Radio Maria England will be rebroadcasting the first season of Science and Faith on Saturdays at 13:30 and Thursdays at 16:00 through the summer. The show is also available as a podcast. You can listen to Radio Maria England on radiomariaengland.uk/how-to-listen-to-us, on the **Radio Maria World Family** app for smartphones and tablets and on DAB/DAB+ radio in the Cambridge and London areas. Podcasts are available through Anchor, Spotify, Apple podcasts, Overcast and other podcast providers.

*** CAFOD UPDATE CLIMATE CHANGE:** You may have noticed that summers and winters in Britain are warmer as well as wetter! The whole world is experiencing extreme weather events. Across the globe, the average sea level increased by 3.6mm per year between 2005 and 2015. Here are some ideas of how you can make a difference:

(1) When making a purchase, check how many air miles your item has travelled. Choose the item that comes from your locality / is geographically produced closest, if you can.

(2) Reduce meat consumption!

(3) Walk if you can or cycle on short trips ie to the shops, if you can. If you find this impossible, use public transport!

Please visit CAFOD website: www.cafod.org.uk for further information about climate change.