

OUR LADY OF LOURDES AND ST JOHN FISHER PARISH  
Roman Catholic Diocese of East Anglia  
Charity No. 278742

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**Our Lady of Lourdes (LOL) Church**  
135 High Street,  
Sawston, CB22 3HJ

**St John Fisher (SJF) Church**  
Church Centre, High Street  
Cambourne, CB23 6GW

Week commencing Sunday, 26th April 2020

THIRD SUNDAY OF EASTER - Year A, Weekday Cycle II, Psalter Week 3

THE HOLY FATHER'S PRAYER INTENTIONS FOR APRIL 2020.

Addictions:

That those who suffer from addictions will seek help and find freedom in Christ.

**ENTRANCE HYMN:**

Alleluia, alleluia! Give thanks to the risen Lord  
Alleluia, alleluia! Give praise to His name.

**PENITENTIAL RITE**

The following form will be used in our Parish until further notice.

Priest: Have mercy on us, O Lord.  
All: For we have sinned against you.  
Priest: Show us, O Lord, your mercy.  
All: And grant us your salvation.

**LITURGY OF THE WORD**

**First Reading:** Acts (2:14,22-33)

*God raised this man Jesus to life, and all of us are witnesses to this*

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him: I saw the Lord before me always, for with him at my right hand nothing can shake me. So my heart was glad and my tongue cried out with joy; my body, too, will rest in the hope that you will not abandon my soul to Hades nor allow your holy one to experience corruption. You have made known the way of life to me, you will fill me with gladness through your presence.'

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

**Responsorial Psalm:** (Ps 15:1-2, 5, 7-11. R. v.11)

**R Show us, Lord, the path of life.**

Preserve me, God, I take refuge in you.  
I say to the Lord: 'You are my God.  
O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize.' **R**

I will bless the Lord who gives me counsel,  
who even at night directs my heart.  
I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand firm.  
*Show us, Lord, the path of life.* **R**

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.  
For you will not leave my soul among the dead,  
nor let your beloved know decay. **R**

You will show me the path of life,  
the fullness of joy in your presence,  
at your right hand happiness for ever. **R**

## Second Reading: first letter of St Peter (1:17-21)

*Your ransom was paid in the precious blood of Christ*

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

## Gospel Acclamation: (Cf. Lk 24:32)

Alleluia, alleluia  
Lord Jesus, explain the Scriptures to us.  
Make our hearts burn within us as you talk to us.  
Alleluia

## Gospel: Luke (24:13-35)

*They recognised him at the breaking of bread*

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

## The Apostles' Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord, (bow)  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## SPIRITUAL COMMUNION

**My Jesus, I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.**

(Based on a prayer of St Alphonsus Liguori)

## Communion hymn

Soul of my Saviour, sanctify my breast,  
body of Christ, be thou my saving guest,  
blood of my Saviour, bathe me in thy tide,  
wash me with water flowing from thy side.

## A Prayer during the Coronavirus Pandemic

In the name of the Father and of the Son and of the Holy Spirit.  
Amen.

Father in Heaven, have mercy on us and on the whole world. We come to You today with our fears and concerns. You know what is in our hearts. We love You, we trust You, we need You. We ask You to be with us, to stay with us. Help us through these times of uncertainty and sorrow.

We know you are the Divine Physician, the healer of all. We ask You to bring your loving touch and healing presence to all those who are sick and suffering right now from the coronavirus. Please comfort them.

Please stand at the side of all medical professionals who are putting themselves at risk while they work to bring healing to others.

Please have mercy on those who have died, may they be with You in heaven.

Please be with the grieving families of those who have passed away.

Please be with those who are trying to find a remedy to this pandemic.

Lord, we are afraid and we are sorrowful. Please heal us. Send us your peace and overwhelming presence.

(if you have a special intention mention it here)

Jesus, we thirst for You. You chose to enter this world as a vulnerable baby. Be with the most vulnerable now. Help us to continue to return to You with our whole hearts throughout this ordeal. Amen.

Mary, our Mother, Untier of Knots. Pray for us.

St. Anthony the Great, patron of those affected by infectious diseases. Pray for us.

St. Edmund, patron of the victims of pandemics. Pray for us.

St. Damien of Molokai, who put himself at risk to minister to lepers. Pray for us.

St. Roch, who prayed for those suffering from infectious diseases. Pray for us.

St. Joseph, patron of the dying. Pray for us.

St. Jude and St. Rita, patrons of impossible causes. Pray for us.

St. Frances Xavier Cabrini, who was dedicated to caring for the sick. Pray for us.

All holy men and women of the Lord. Pray for us.

Our Father, Hail Mary, and Glory be.

In the name of the Father and of the Son and of the Holy Spirit. Amen.

**In Memoriam:** All who have gone before us, especially members of our communities whose anniversaries occur around this week: , Ian Fleming Power, Joan Adams, Mary Catherine Kennedy, Lilian Burt, Jay Karpuk, Alfonso Lavaglia, Francis Mellon, and Eileen Robertson.

**+ WALK WITH ME booklets: if you would like to have a copy for Easter, please email Fr. John. He will send it to you by post.**

**+ LENTEN ALMS:** Due to the pandemic, please hold on to your Lenten alms boxes until we could go back to church.

However, if you would like to make a donation, please count the monies in the box. Then you could make a bank transfer to the either of the parish accounts, Cambourne or Sawston. Please put the reference YOURSURNAME+LENT so the treasurers would know your donation is for Lenten Alms. Many thanks.

**HOLY MASS ON FACEBOOK**

**Hope you will be able to participate in Mass on**

**- Cambourne Catholic Church**

**Or**

**- OLOL and SJF Parish**

**THIRD SUNDAY OF EASTER:**

**- Vigil Mass (25th April): 7.15pm (Pro populo)**

**- 10.15pm (26th April) and 12.15pm (26th April)**

**- Monday 27th April: 12.15pm and 7.15pm**

**- Tuesday 28th April: 12.15pm, and 7.15pm**

**- Wednesday 29th April: (St Catherine of Siena, Patron of Europe Feast) 12.15pm and 7.15pm**

**- Thursday 30th April: - 12.15pm and 7.15pm**

**- Friday 1<sup>st</sup> May 12.15pm and 7.15pm (Day of Prayer for God's blessing on human work).**

**- Saturday 2<sup>nd</sup> May : 12.15pm and 7.15pm (Sunday Vigil)**

**FOURTH SUNDAY OF EASTER 3rd May: 10.15am and 12.15 pm (Vocations)**

**+ PARISH PRAYERS LIVE STREAM:** You are welcome to join James for Morning Prayer at the usual time of 9.15am live every weekday morning from the comfort of your own homes. Go to either of the parish websites <http://cambournerc.com/> or [www.ololsawston.org.uk](http://www.ololsawston.org.uk) at the designated time (9.15am or 6pm) and click on the audio link on the front page to listen live. The Rosary will be recited after Morning Prayer on Saturday mornings. The Angelus and Evening Prayer will be live at 6pm (Monday to Friday).

**+ CONTRIBUTIONS:** Thank you very much for your generosity

- SJF Church (bank transfer): Donations £175.00, and Lenten Alms £20.00.

- Mass stipends (bank transfer): Sawston: £20.00

**\* DONATIONS:** If you would like to make a donation by cheque, direct debit, or standing order, please see below:

**- CAMBOURNE:** Cheques payable to **SJF CHURCH**. Bank transfer details: Barclays Bank UK Plc, Cambridge Branch, Sort code: 20-17-20, Account number 33031454.

**- SAWSTON:** Cheques payable to **OLOL & SJF PARISH**. Bank transfer details: Barclays Bank UK Plc, Cambridge Branch, Sort code: 20-17-20, Account number 03187187. Please note that although this is named as a parish account it is in fact the Sawston account.

**\* LEGACY & WILLS:** If you would like to leave a legacy or include the Parish in your will, please contact Fr. John or a member of the Finance Committees.

**NB to all Gift Aiders: It is hoped that you are still able to continue your support to your Parish and the Diocese. However, if your circumstances have changed, please contact your parish priest +/- the Diocese.'**

## OTHER NEWS

**+ LIVE-STREAMING FROM WALSINGHAM:** In addition to the regular programme there will be the following:

## CATECHESIS

The Shrine is very grateful to Father Stephen Wang for allowing us to use his Sycamore Program. We shall be showing the 20 half hour videos, starting on Monday 27<sup>th</sup> April. They will be shown at 10.30am and 4.00pm each day.

**+ Mass for the Sick and their Families, NHS Front-line workers and those working in social care:** The Catholic Bishops of England and Wales recognise that this time of the COVID 19 pandemic is affecting every person in our countries. Those who are sick and their families, are suffering many

hardships of isolation from contact with those they love. Our front-line workers in hospitals and in care homes all over our lands are giving exceptional service to those who are vulnerable at this time.

In order to show a spiritual solidarity with all those who are involved in the ways described above, each week from next Thursday, a Catholic Bishop will celebrate mass in their Cathedral which will be live-streamed for people to join. This will take place **every Thursday at 7.00 pm**.

30<sup>th</sup> April Bishop Richard Moth Arundel Cathedral

7<sup>th</sup> May Bishop Marcus Stock Leeds Cathedral

14<sup>th</sup> May Bishop Robert Byrne CO Newcastle Cathedral

21<sup>st</sup> May Bishop Mark Davies Shrewsbury Cathedral

28<sup>th</sup> May Bishop Terence Drainey Middlesbrough Cathedral

By visiting the Cathedral webpage, or the Bishop's Conference Webpage ([cbcew.org.uk](http://cbcew.org.uk)) links for the live-streaming of these Masses can be found.

**PARISH YOUTH CHALLENGE - TAKE PART IN DRAWING, PAINTING & WRITING COMPETITIONS:** The Knights of St Columba organise something different and educational for our youngsters to be creative and occupy their minds at home for the time being.

**The Easter Scene Painting Competition** is open to children from East Anglia in Key Stage 2 (school years 3 to 5, which is roughly 8 to 11 years old). The winners will go forward to a national final. The paintings can cover any scene from the entry of Jesus into Jerusalem until the descent of the Spirit at Pentecost. Entries should be on A3 or A4 paper, with the name of the child and the address of the parish group or school they are connected with written on the reverse. Entries should be sent to Bro. **Christopher J. Brooks**, c/o 356 London Road South, Lowestoft, Suffolk, NR33 0BQ (tel. 01502 563208) by Thursday April 30. There are cash prizes of between £3 and £7 for the local competition, and between £20 and £200 for the national competition.

There is also a **National Prayer Writing Competition**, open to all young people from school year groups 3 to 13. The theme is 'Protecting children in the world today' and there are prizes of up to £5 for the regional competition and £30 for the national competition. Please send entries to Christopher Brooks by September 1.

Finally there is an **essay-writing competition** open to young people between 12 and 18 years old. The essay can be on a theme of the young person's own choice and should express an appreciation of faith awareness, social responsibility and requirements of good citizenship. It should have a minimum of 1,400 and a maximum of 1,600 words, typed or handwritten in ink.

Please remember to include your name, and the name and address of your parish or school. Prizes range between £3 and £75, and entries must be received by Christopher Brooks by September 1.

\* **Diocesan Pilgrimage to Lourdes** will take place on 21st -28th August. This pilgrimage is organised by Catholic Action for Dioceses of Clifton, East Anglia, Northampton, Southwark with Stonyhurst College and the Glanfield Group. Archbishop John Wilson will lead the

pilgrimage this year. The theme is: 'I am the Immaculate Conception'. If you would like to join, please pick up a form from OLOL Church, or talk to Fr John. For information, please visit [www.catholicassociation.co.uk](http://www.catholicassociation.co.uk) or booking with [www.tangney-tours.com/CA](http://www.tangney-tours.com/CA); Tel: 01732 886 666

+ **The Catholic Union** just launched an **essay competition**, which is open to students in years 9 to 11.

Imagine that a friend has asked you "Why is Sunday Mass so important?" Write a reply. You will find useful ideas in the Scriptures, the *Catechism of the Catholic Church*, and other material such as St John Paul's letter *Dies Domini*. Your essay should be no more than four A4 pages in length, and can be handwritten or produced on a computer.

At the end of your essay list any websites or books you have consulted. To complete the entry for this project, at the end of your essay you should write out, in handwriting, in English, one of the following prayers we all say together at Mass: the *Gloria*, the *Sanctus* or the *Agnus Dei*.

There are attractive book prizes for the best entries and the coveted Young Writer shield to be kept for one year, plus a cash prize of £50, for the young writer of the best entry.

Please check that entry has your full name, plus date of birth, and the full name and address of the school you attend.

The deadline is May 30. Send entries to:

Catholic Young Writer Award  
Catholic Union Charitable Trust  
St Maximilian Kolbe House  
63 Jeddo Road London W12 9EE

+ During the coronavirus lockdown, the stations are providing an opportunity for Catholics to build their faith and to stay in touch with the global Catholic community.

- The Irish station **Radio RTE**, which is based in Dublin, is broadcasting to the UK on long wave 252kHz. Every other Sunday they broadcast a Mass at **11am**. The next one will be on **Sunday** May 3 and fortnightly thereafter.

- The station **Heaven's Road fm** from Womersley in Surrey broadcasts 24/7 prayers, reflections, features and music. Heaven's Road is run by volunteers who live all over the UK and as far away as Nigeria and Canada. Based at St John's seminary in Guildford, it makes programmes with a wide appeal, including such subjects as Father Brown stories, updates from Aid to the Church in Need, and teaching from the Redemptorist priest Fr Denis McBride. You can listen to Heaven's Road online at <http://www.heavensroadfm.com/>

- **Radio Maria England**, which is based in Cambridge, broadcasts on **DAB+** in Greater London and on DAB (Band 11C 220.352 MHz) in Cambridgeshire and the surrounding areas at <https://radiomariaengland.uk> Broadcasts include Masses, the Rosary, and morning and evening prayer.

- **EWTN**, which has a base in Walsingham produces a wide range of radio programmes on <https://www.ewtn.com/radio>