

**OUR LADY OF LOURDES AND ST JOHN FISHER PARISH**  
Roman Catholic Diocese of East Anglia (Charity No. 278742)

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Listening & Prayer Ministry: 01603-957653

**Our Lady of Lourdes (LOL) Church**  
135 High Street,  
Sawston, CB22 3HJ

**St John Fisher (SJF) Church**  
Church Centre, High Street  
Cambourne, CB23 6GW

**Week commencing Sunday 5th February 2023**

**5th WEEK OF THE YEAR – Year A, Weekday Cycle I, Psalter Week 1**

**SERVICE & MASS TIMES**

**THE HOLY FATHER'S PRAYER INTENTIONS FOR FEBRUARY 2023**

**For parishes**

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

<b>Dates</b>	<b>OLOL Community</b> <a href="http://www.ololsawston.org.uk">www.ololsawston.org.uk</a>	<b>SJF Community</b> <a href="http://cambournerc.com">http://cambournerc.com</a>
Saturday, 04.2.2023 Our Lady on Saturday	9.30 am: Holy Mass (Maria Phuong†)	<b>17.00: Vigil Mass for Sunday</b> (Pro Populo)
<b>SUNDAY 05.02.2023</b> <b>5th Sunday in Ordinary Time</b> <b>Racial Justice Day</b>	8.45 am: Holy Mass (Dorothy Bernadette Maher†) 11.15am: Holy Mass (Malcolm Richardson†)	17.00: Holy Mass (Private Intentions); (Kirtin Wood†) & (Canon Gerard Roberts†)
Monday, 06.02.2023 <b>St Paul Miki &amp; Comps. MM</b>	9.30 am: Holy Mass (Barry Wallmant†),	12.30 am: Holy Mass (Fr Louis Allen†)
Tuesday, 07.02.2023 Feria	9.30 am: Holy Mass (Fr James Reidy†)	12.30 am: Holy Mass (Fr Michael Teader†)
Wednesday, 08.02.2023 St Josephine Bakhita V <b>Day of Prayer for Victims of Trafficking</b>	9.30 am: Holy Mass (David† and Ann Blackadder F)	12.30 am: Holy Mass (Fr Robert Manley†)
Thursday, 09.02.2023 Feria	9.30 am: Holy Mass (Rev. Paul Lewint†)	18.30 pm: Holy Mass (Benefactors)
Friday 10.02.2023 <b>St Scholastica V</b>	9.30 am: Holy Mass (Peace in Ukraine)	18.30 pm: Holy Mass (Holy Souls)
Saturday, 11.02.2023 <b>Our Lady of Lourdes</b> <b>World Day of Prayer for the Sick</b>	9.30 am: Holy Mass (Housebound and infirm parishioners)	<b>17.00: Vigil Mass of Sunday</b> (Pro Populo)
<b>SUNDAY 12.02.2023</b> <b>6th Sunday in Ordinary Time</b>	8.45am: Holy Mass (Thanksgiving) 11.15am: Holy Mass (Benefactors)	7.00: Holy Mass (Private Intentions)

## ORDER OF MASS

### ENTRANCE ANTIPHON: (Ps 94: 6-7)

O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.

the clenched fist, the wicked word,  
if you give your bread to the hungry,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

The word of the Lord.

### PENITENTIAL RITE

Lord, you were sent by the Father, to bring good news  
to the poor,  
Christ, you came to save us from sin,  
Lord, you were sent to proclaim the grace and  
mercy of God.

### Responsorial Psalm (111(112):4-9)

***R The good man is a light in the darkness for  
the upright.***

He is a light in the darkness for the upright:  
he is generous, merciful and just.  
The good man takes pity and lends,  
he conducts his affairs with honour. **R**

The just man will never waver:  
he will be remembered for ever.  
He has no fear of evil news;  
with a firm heart he trusts in the Lord. **R**

With a steadfast heart he will not fear;  
open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory. **R**

### A reading from the first letter of St Paul to the Corinthians (2: 1-5)

When I came to you, brothers, it was not with any  
show of oratory or philosophy, but simply to tell  
you what God had guaranteed. During my stay  
with you, the only knowledge I claimed to have  
was about Jesus, and only about him as the  
crucified Christ. Far from relying on any power of  
my own, I came among you in great 'fear and  
trembling' and in my speeches and the sermons  
that I gave, there were none of the arguments  
that belong to philosophy; only a demonstration  
of the power of the Spirit. And I did this so that  
your faith should not depend on human  
philosophy but on the power of God.

The word of the Lord.

### Gospel Acclamation

(Jn8:12)

Alleluia, alleluia!

I am the light of the world, says the Lord;  
anyone who follows me will have the light of life.  
Alleluia!

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you,  
we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
You alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen

### A reading from the prophet Isaiah (58:7-10)

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor,  
clothe the man you see to be naked  
and do not turn from your own kin.  
Then will your light shine like the dawn  
and your wound be quickly healed over.

Your integrity will go before you  
and the glory of the Lord behind you.  
Cry, and the Lord will answer;  
call, and he will say, 'I am here.'  
If you do away with the yoke,

## Gospel

(Matthew 5:13-16)

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

## The Creed

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*(Please bow) and by the Holy Spirit  
was incarnate of the Virgin Mary, and became man.*

For our sake he was crucified  
under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic  
and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## Communion Antiphon: (If no hymn is sung) (Cf. Ps 106: 8-9)

Let them thank the Lord for his mercy,  
his wonders for the children of men,  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.

## NOTICES

**In Memoriam:** All who have gone before us, especially those whose anniversaries occur around this week: Helen Cuell, Keith Docherty, Nora Kite, Dorothy Maher (Snr), Doreen Mattu, Mark Reichelt, Malcolm Richardson, William Scally, Owen Meehan George Sylvester, Ida Jones, Louisa Lockwood, Betty Roberts, George Jezierski, and Robert Handley.

**OUR CONDOLENCES AND PRAYERS for the repose of the souls of** Kenneth Flett and Kevin Turner who died recently and their families.

**FINANCE:** Thank you very much for your generosity. Last week you gave:

**OLOL:** Standing Orders: £904, Dona: £113.06; Hall: £60; Donation from Cantonese Mass: £86; Donations: £60.

**SJF:** Standing Orders: £372; Donation: £; Dona: £14.75; Online donation: £10; Cash Donations: (31.12.22) £36; (7.1.23) £155.86; (21.1.23) £89; (28.1.23) £80.80. £100 to CAFOD from Christmas Gift Sale.

**CAMBOURNE:** Cheques payable to **SJF CHURCH** Bank transfer details: Barclays Bank UK Plc., Sort code: 20-17-20, Account number 33031454.

**SAWSTON:** Cheques payable to **OLOL & SJF PARISH.** Bank transfer details: Barclays Bank UK Plc., Sort code: 20-17-20, Account number 03187187. Please note that although this is named as a parish account it is in fact the Sawston account.

**TEA /COFFEE is served after 5pm Vigil Mass at SJF in Cambourne; and 8.45am & 11.15am Sunday Masses at OLOL in Sawston. Please join the serving teams or stay for a chat with friends.**

**EASTER CELEBRATION SCHEDULE** is now available on our websites. Please contact the editors of your local Village magazines to inform them of our main Easter services.

**CONNECTED BY EMAIL:** The Parish sends about 50 emails every day with Mass text, and about 400 emails every weekend with the bulletin and Mass text. If you would like to receive them, please let Fr John know. Many thanks.

## SAINT JOHN FISHER COMMUNITY

**MARCH 18th SJF ST PATRICKS PARTY!** If you would like to help with the music please contact Aga. Anyone who would like to perform an individual song or dance or other act or with decor let Mel know. Those able to help with catering please contact Lorretta. A brief planning meeting will take place after Sat 5pm Mass on Sat 4th Feb and further details given.

**ANSWERING THE CALL.** Thanks to all who have shown interest in getting involved with ministries in our church by signing 'The Mass that Love Builds' forms. You will be contacted shortly by text and asked to join the relevant Spond app groups to help build up rotas for Saturday. A separate group for Sunday will be set up to help develop the liturgy too. If you haven't signed a form with your contact details already, please, do so and give to Mel so that we can support each other and Fr John in faith more faithfully and fruitfully.

**SJF 24/7 WHATSAPP PRAYER GROUP.** A truly wonderful way to share our joys, needs and hopes. Let Lorretta, Liz Christy or Mel know if you'd like to join. There are fixed times of prayer, or you can simply become more aware of the prayer needs of our church family.

**CAFOD LENT BIG WALK.** Go to the website and sign up! Add yourself to the 'Saint John Fisher Cambourne' team and join us for the odd jaunt and/ or simply walk 200km during Lent how and when you like.

Join our team! Walk on your own and / or join us !  
Save the dates  
Sun 26th Feb 9:30am from Coton Orchard Garden Centre.  
Sun 26th March 9:30 am Nature Reserve Car Park School Lane

**PIETY STALL** is open at 5pm Vigil Mass. All welcome.

## OUR LADY OF LOURDES COMMUNITY

**HOPE INTO ACTION** - Thank you to all those people who have generously donated items for our third 'Hope into Action' house. We now have all that we need. We will keep everyone informed about our progress in welcoming an Afghan refugee family.

## GENERAL NEWS

**Flame At Wembley Arena:** The Diocesan Youth Service is excited to be taking a group to the Flame event on March 4<sup>th</sup>. Flame is the largest Catholic gathering of young people in the UK coming together to hear the best in international speakers and artists. These include the inspirational Cardinal Luis Tagle from the Philippines and MOBO award winning rapper Guvna B.

With the cost of living increase and the increase cost of coach travel, the Diocese is pleased to be subsidising the cost of going to Flame. A coach will be running from Norwich and Cambridge. For details and to book a ticket and place on the coach, please see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

Bookings must be received by 12<sup>th</sup> February.

**Catholic Listening and Prayer Ministry** is recently launched by the Diocese. It offers a series of sessions with trained people of faith to listen and pray with you and suggest where you could go to get further help if necessary. To make an initial appointment, please leave a message at 01603 957653.

**Cambridge Month of Accompanied Prayer, Lent 2023:** This gives the chance for a weekly meeting with a trained guide, either face to face or via zoom or phone from 6 to 31 March. Face to face meetings are limited to Friday afternoons and held at 7 Brookside. There will be no charge for participation. The closing date for applications is Monday 20 February or very soon after.

There is an introductory session via zoom on Thursday, 2 March from 7 to 8pm; arrangements with guides will be made by email and telephone. The in person opening session will be held in the chapel at 7 Brookside, CB2 1JE on Friday, 3 March from 2-3pm. This will be followed by a short meeting with your guide to make arrangements for your weekly meetings and a cup of tea or coffee.

A previous participant wrote afterwards: *We all felt like we met God in some way. In our homes, gardens and through our imaginations. It helped us to revisit scripture afresh and talk to God freely.*

If you are interested, please email (or ring) for more details and an application form –

Kay Dodsworth: [ekdodsworth@gmail.com](mailto:ekdodsworth@gmail.com); 01223 234493 or 07786910406.

Romie Ridley: [romieridley@gmail.com](mailto:romieridley@gmail.com); 07941862435 or 01223 842922