

**OUR LADY OF LOURDES AND ST JOHN FISHER PARISH**  
Roman Catholic Diocese of East Anglia (Charity No. 278742)

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Listening & Prayer Ministry: 01603-957653

**Our Lady of Lourdes (LOL) Church**  
135 High Street,  
Sawston, CB22 3HJ

**St John Fisher (SJF) Church**  
Church Centre, High Street  
Cambourne, CB23 6GW

**Week commencing Sunday 29th January 2023**

**3rd WEEK OF THE YEAR – Year A, Weekday Cycle I, Psalter Week 4**

**SERVICE & MASS TIMES**

**THE HOLY FATHER'S PRAYER INTENTIONS FOR JANUARY 2023**

**For Educators**

**We pray that educators may be credible witnesses, teaching fraternity rather than competition  
and helping the youngest and most vulnerable above all.**

<b>Dates</b>	<b>LOL Community</b> <a href="http://www.ololsawston.org.uk">www.ololsawston.org.uk</a>	<b>SJF Community</b> <a href="http://cambournerc.com">http://cambournerc.com</a>
Saturday, 28.01.2023 <b>St Thomas Aquinas PD</b>	9.30 am: Holy Mass (Holy Souls) 2.00 pm: Mass in Cantonese (Thanksgiving)	<b>17.00: Vigil Mass for Sunday</b> (Our First Holy Communion pupils)
<b>SUNDAY 29.01.2023</b> <b>4th Sunday in Ordinary Time</b>	8.45 am: Holy Mass (Tess Garvey†) 11.15am: Holy Mass (Pro populo)	17.00: Holy Mass (Private Intentions); (Fr Francis Rudd†)
Monday, 30.01.2023 <b>Feria</b>	9.30 am: Holy Mass (Lily Evans†), (George Thomast†)	12.30 am: Holy Mass (Holy Souls)
Tuesday, 31.01.2023 <b>St John Bosco P</b>	9.30 am: Holy Mass (Fr William Bodley†)	12.30 am: Holy Mass (Fr Joseph Sweeney†)
Wednesday, 01.02.2023 St Henry Morse PM	9.30 am: Holy Mass (Private Ints)	12.30 am: Holy Mass (Holy souls)
Thursday, 02.02.2023 <b>The Presentation of the Lord Feast (Candlemas Day)</b>	9.30 am: Holy Mass (Benefactors)	18.30 pm: Holy Mass (Our seminarians)
Friday 03.02.2023 St Blaise BM	9.30 am: Holy Mass (Peace in Ukraine)	18.30 pm: Holy Mass (Maria Hay†)
Saturday, 04.02.2023 <b>Our Lady on Saturday</b>	9.30 am: Holy Mass (Maria Phuong†)	<b>17.00: Vigil Mass of Sunday</b> (Pro Populo)
<b>SUNDAY 05.02.2023</b> <b>4th Sunday in Ordinary Time</b>	8.45 am: Holy Mass (Dorothy Bernadette Mahert†) 11.15 am Holy Mass (Malcolm Richardson†)	5.00: Holy Mass (Private Intentions)

## ORDER OF MASS

### ENTRANCE ANTIPHON: (Ps 105: 47)

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

### PENITENTIAL RITE

Lord, you were sent by the Father, to bring good news  
to the poor,  
Christ, you came to save us from sin,  
Lord, you were sent to proclaim the grace and  
mercy of God.

### THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you,  
we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
You alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen

### A reading from the Prophet Zephania ( 2:3,3:12-13)

Seek the Lord, all you, the humble of the earth,  
who obey his commands.  
Seek integrity, seek humility:  
you may perhaps find shelter  
on the day of the anger of the Lord.

In your midst I will leave  
a humble and lowly people,  
and those who are left in Israel will seek refuge in the  
name of the Lord.  
They will do no wrong, will tell no lies;  
and the perjured tongue will no longer  
be found in their mouths.

But they will be able to graze and rest  
with no one to disturb them.

The word of the Lord.

### Responsorial Psalm (145(146):6-10)

**R** *How happy are the poor in spirit: theirs is  
the kingdom of heaven.*

It is the Lord who keeps faith for ever,  
who is just to those who are oppressed.  
It is he who gives bread to the hungry,  
the Lord, who sets prisoners free. **R**

It is the Lord who gives sight to the blind,  
who raises up those who are bowed down,  
the Lord, who protects the stranger  
and upholds the widow and orphan. **R**

It is the Lord who loves the just  
but thwarts the path of the wicked.  
The Lord will reign for ever,  
Zion's God, from age to age. **R**

### A reading from the first letter of St Paul to the Corinthians (1:26-31)

Take yourselves for instance, brothers, at the  
time when you were called: how many of you  
were wise in the ordinary sense of the word, how  
many were influential people, or came from noble  
families? No, it was to shame the wise that God  
chose what is foolish by human reckoning, and to  
shame what is strong that he chose what is weak  
by human reckoning; those whom the world  
thinks common and contemptible are the ones  
that God has chosen – those who are nothing at  
all to show up those who are everything. The  
human race has nothing to boast about to God,  
but you, God has made members of Christ Jesus  
and by God's doing he has become our wisdom,  
and our virtue, and our holiness, and our  
freedom. As scripture says: *if anyone wants to  
boast, let him boast about the L*

The word of the Lord.

### Gospel Acclamation

(cf. Mt 11:25)

Alleluia, alleluia! Blessed are you, Father,  
Lord of heaven and earth, for revealing the  
mysteries of the kingdom to mere children.  
Alleluia!

## Gospel

(Matthew 5:1-12a)

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

'How happy are the poor in spirit;  
theirs is the kingdom of heaven.

Happy the gentle:  
they shall have the earth for their heritage.

Happy those who mourn:  
they shall be comforted.

Happy those who hunger and thirst for what is right:  
they shall be satisfied.

Happy the merciful:  
they shall have mercy shown them.

Happy the pure in heart:  
they shall see God.

Happy the peacemakers:  
they shall be called sons of God.

Happy those who are persecuted in the cause of right:  
theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

## The Creed

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*(Please bow) and by the Holy Spirit  
was incarnate of the Virgin Mary, and became man.*

For our sake he was crucified  
under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic  
and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**Communion Antiphon:** (If no hymn is sung) (Cf. Ps 30: 17-18)

Let your face shine on your servant.  
Save me in your merciful love.  
O Lord, let me never be put to shame,  
for I call on you.

## NOTICES

**In Memoriam:** All who have gone before us,  
especially those whose anniversaries occur  
around this week:

Peter John Antill, William Silver, Lily Evans,  
Dominic Silver, William Smith, Bernard Tucker,  
Catherine Kelly, Cameron Flett, Betty Roberts,  
John Carver, Fr Terry Hillhouse, Ann Fuller, Nora  
McGuinness, Marilyn Penn, Sheila Williams,  
Helen Cuell, Keith Docherty, Nora Kite, Dorothy  
Maher (Snr), Doreen Mattu, Mark Reichelt,  
Malcolm Richardson, William Scally,

**OUR CONDOLENCES AND PRAYERS for the  
repose of the souls of** Kenneth Flett and Kevin  
Turner who died recently and their families.

**FINANCE:** Thank you very much for your  
generosity. Last week you gave:

**OLOL:** Standing Orders: £904, Dona: £68.82;  
Mass stipends: £20; Cash banked: £442.

**SJF:** Standing Orders: £372; Donation: £80;  
Dona: £73.74; Mass stipends: £50.

**CAMBOURNE:** Cheques payable to **SJF  
CHURCH** Bank transfer details: Barclays Bank  
UK Plc., Sort code: 20-17-20, Account number  
33031454.

**SAWSTON:** Cheques payable to **OLOL & SJF  
PARISH.** Bank transfer details: Barclays Bank UK  
Plc., Sort code: 20-17-20, Account number  
03187187. Please note that although this is  
named as a parish account it is in fact the  
Sawston account.

**TEA /COFFEE is served after 5pm Vigil Mass at SJF in Cambourne; and 8.45am & 11.15am Sunday Masses at OLOL in Sawston. Please join the serving teams or stay for a chat with friends.**

### **SAINT JOHN FISHER COMMUNITY**

**MARCH 18th SJF ST PATRICKS PARTY! SAVE THE DATE.** If you would like to help with the music please contact Aga. Anyone who would like to perform an individual song or dance or other act or with decor let Mel know. Those able to help with catering please contact Lorretta. A brief planning meeting will take place after Sat 5pm Mass on Sat 4th Feb and further details given.

**ANSWERING THE CALL.** Thanks to all who have shown interest in getting involved with ministries in our church by signing 'The Mass that Love Builds' forms. You will be contacted shortly by text and asked to join the relevant Spond app groups to help build up rotas for Saturday. A separate group for Sunday will be set up to help develop the liturgy too. If you haven't signed a form with your contact details already, please, please do so and give to Mel so that we can support each other and Fr John in faith more faithfully and fruitfully.

**SJF 24/7 WHATSAPP PRAYER GROUP.** A truly wonderful way to share our joys, needs and hopes. Let Lorretta, Liz Christy or Mel know if you'd like to join. There are fixed times of prayer, or you can simply become more aware of the prayer needs of our church family.

**CAFOD LENT BIG WALK.** Go to the website and sign up! Add yourself to the 'Saint John Fisher Cambourne' team and join us for the odd jaunt and/ or simply walk 200km during Lent how and when you like.

**PIETY STALL** is open at 5pm Vigil Mass. All welcome.

### **OUR LADY OF LOURDES COMMUNITY**

**HOPE INTO ACTION** - Thank you to all those people who have generously donated items for our third 'Hope into Action' house. We now have all that we need. We will keep everyone informed about our progress in welcoming an Afghan refugee family.

**RADIO MARIA – a Christian Voice in your Home.** Some volunteers from RME will speak at the 8.45am and 11.15am Masses this Sunday 29th January to give us a little more information on what they do. Please phone 01223-375564 for more information.

### **GENERAL NEWS**

**LUNAR NEW YEAR MASS IN CANTONESE BY THE PAPAL NUNCIO TO MALTA:** There is a Mass at OLEM on Sunday 29<sup>th</sup> January at 2.30pm celebrated by Archbishop Savio Hon Tai-Fai SDB. All welcome.

**Cambridge Justice & Peace Group: BUILDING PEACEFUL FUTURE TOGETHER (Tues. 31<sup>st</sup> Jan. 2023)-** All welcome to join the Cambridge Justice & Peace Group online (8– 9pm) for prayer, reflection & discussion. Please request Zoom link from [jpcambgroup@gmail.com](mailto:jpcambgroup@gmail.com)

**Flame At Wembley Arena:** The Diocesan Youth Service is excited to be taking a group to the Flame event on March 4<sup>th</sup>. Flame is the largest Catholic gathering of young people in the UK coming together to hear the best in international speakers and artists. These include the inspirational Cardinal Luis Tagle from the Philippines and MOBO award winning rapper Guvna B.

With the cost of living increase and the increase cost of coach travel, the Diocese is pleased to be subsidising the cost of going to Flame. A coach will be running from Norwich and Cambridge. For details and to book a ticket and place on the coach, please see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

Bookings must be received by 12<sup>th</sup> February.

**ADULT FAITH FORMATION: Reading the Book of Exodus - A Gateway to the Old Testament** is on January 31st from 5:30pm to 7:00 pm at MBIT, 12 Grange Road, Cambridge, CB3 9DU, or Online via Zoom. This exciting 8 week course offers participants a dual opportunity – to read in its entirety a significant book of the Bible and to be involved in a research project. Please visit [www.mbit.cam.ac.uk/events](http://www.mbit.cam.ac.uk/events) or phone 01223 741039 for information.

**Catholic Listening and Prayer Ministry** is recently launched by the Diocese. It offers a series of sessions with trained people of faith to listen and pray with you and suggest where you could go to get further help if necessary. To make an initial appointment, please leave a message at 01603 957653.

**CAFOD** is looking for people to give some time and join them in their mission. Could you help develop our work in parishes or Catholic schools? Or raise a voice and campaign for justice throughout the diocese? Training and support are provided. See [cafod.org.uk/Volunteer](http://cafod.org.uk/Volunteer) for more information or get in touch with Marcela on [mkeech@cafod.org.uk](mailto:mkeech@cafod.org.uk)