

OUR LADY OF LOURDES AND ST JOHN FISHER PARISH  
Roman Catholic Diocese of East Anglia  
Charity No. 278742

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135 High Street,  
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**St John Fisher (SJF) Church**  
Church Centre, High Street  
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Week commencing Sunday, 31st May 2020

THE PENTECOST - Year A, Weekday Cycle II, Psalter Week 1

THE HOLY FATHER'S PRAYER INTENTIONS FOR JUNE 2020.

The Way of the Heart

We pray that all those who suffer may find their way in life,  
allowing themselves to be touched by the Heart of Jesus

**PRAYER TO THE HOLY SPIRIT:**

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

V. Send forth your Spirit, and they shall be created.

R. And You shall renew the face of the earth.

Let us pray.

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations. Through Christ Our Lord. Amen.

have mercy on us.

For you alone are the Holy One,

You alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen

**LITURGY OF THE WORD**

**PENITENTIAL RITE**

Priest: Have mercy on us, O Lord.

All: For we have sinned against you.

Priest: Show us, O Lord, your mercy.

All: And grant us your salvation.

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

**+ VIGIL MASS: (Saturday 30th May 2020)**

**First Reading: Genesis:(11:1-9)**

It was named Babel because there the language of the whole earth was confused.

Throughout the earth men spoke the same language, with the same vocabulary. Now as they moved eastwards they found a plain in the land of Shinar where they settled. They said to one another, 'Come, let us make bricks and bake them in the fire.' For stone they used bricks, and for mortar they used bitumen. - 'Come,' they said 'let us build ourselves a town and a tower with its top reaching heaven, Let us make a name for ourselves, so that we may not be scattered about the whole earth.'

Now the Lord came down to see the town and the tower that the sons of man had built. 'So they are all a single people with a single language!' said the Lord. 'This is but the start of their undertakings! There will be nothing too hard for them to do. Come, let us go down and confuse their language on the spot so that they can no longer understand one another.' The Lord scattered them thence over the whole face of the earth, and they stopped building the town. It was named Babel therefore, because there the Lord confused the language of

the whole earth. It was from there that the Lord scattered the over the whole face of the earth.

**Responsorial Psalm:** (P32:10-11,12-13,14-15. R. v.12b)

**Send forth your spirit, O Lord,  
and renew the face of the earth R**

Bless the Lord, my soul!  
Lord God, how great you are,  
clothed in majesty and glory,  
wrapped in light as in a robe!

How many are your works, O Lord!  
In wisdom you have made them all.  
The earth is full of your riches.  
Bless the Lord, my soul. **R**

All of these look to you  
to give them their food in due season.  
You give it, they gather it up:  
you open your hand, they have their fill. **R**

You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. **R**

**Second Reading: Romans (8:22-27)**

*The Spirit himself expresses our plea in a way that could never be put into words.*

From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free. For we must be content to hope that we shall be saved – our salvation is not in sight, we should not have to be hoping for it if it were – but, as I say, we must hope to be saved since we are not saved yet – it is something we must wait for with patience.

The Spirit too comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

**Gospel Acclamation:** (Cf. Jn 14:18)

Alleluia ! Alleluia !  
Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.  
Alleluia ! Alleluia !

**Gospel: John (7:37-39)**

*From his breast shall flow fountains of living water.*

On the last day and greatest day of the festival, Jesus stood

there and cried out:

'If any man is thirsty, let him come to me!  
Let the man come and drink who believes in me!'

As scripture says: *From his breast shall flow fountains of living water.*

He was speaking of the Spirit which those who believed in him were to receive; for there was no Spirit as yet because Jesus had not yet been glorified.

**+ MASS ON PENTECOST SUNDAY (31st May 2020)**

**First Reading: Acts of the Apostles:(2:1-11)**

*They were all filled with the Holy Spirit and began to speak*

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.

**Responsorial Psalm:** (P32:10-11,12-13,14-15. R. v.12b)

**Send forth your spirit, O Lord,  
and renew the face of the earth R**

Bless the Lord, my soul!  
Lord God, how great you are,  
clothed in majesty and glory,  
wrapped in light as in a robe!  
How many are your works, O Lord!  
In wisdom you have made them all.  
The earth is full of your riches.  
Bless the Lord, my soul. **R**

All of these look to you  
to give them their food in due season.  
You give it, they gather it up:  
you open your hand, they have their fill. **R**

You take back your spirit, they die,  
returning to the dust from which they came.

You send forth your spirit, they are created;  
and you renew the face of the earth. **R**

**Second Reading: 1 Corinthians** (12:3-7,12-13)  
*In the one Spirit we were all baptised*

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

### SEQUENCE

Holy Spirit, Lord of Light,  
From the clear celestial height  
Thy pure beaming radiance give.

Come, thou Father of the poor,  
Come with treasures which endure  
Come, thou light of all that live!

Thou, of all consolers best,  
Thou, the soul's delightful guest,  
Dost refreshing peace bestow

Thou in toil art comfort sweet  
Pleasant coolness in the heat  
Solace in the midst of woe.

Light immortal, light divine,  
Visit thou these hearts of thine,  
And our inmost being fill:

If thou take thy grace away,  
Nothing pure in man will stay  
All his good is turned to ill.

Heal our wounds, our strength renew  
On our dryness pour thy dew  
Wash the stains of guilt away:

Bend the stubborn heart and will  
Melt the frozen, warm the chill  
Guide the steps that go astray.

Thou, on us who evermore  
Thee confess and thee adore,  
With thy sevenfold gifts descend:

Give us comfort when we die

Give us life with thee on high  
Give us joys that never end.

**Gospel Acclamation:** (*Cf. Jn 14:18*)

Alleluia ! Alleluia !  
Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.  
*Alleluia ! Alleluia !*

**Gospel: John** (20:19-23)

*As the Father sent me, so am I sending you: receive the Holy Spirit*

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.

'As the Father sent me, so am I sending you.'  
After saying this he breathed on them and said:

'Receive the Holy Spirit.  
For those whose sins you forgive,  
they are forgiven;  
for those whose sins you retain,  
they are retained.'

### The Apostles' Creed

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord, (bow)  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

### SPIRITUAL COMMUNION

**My Jesus, I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.**

## Communion hymn

Soul of my Saviour, sanctify my breast,  
body of Christ, be thou my saving guest,  
blood of my Saviour, bathe me in thy tide,  
wash me with water flowing from thy side.

## PRAYER DURING MAY BY POPE FRANCIS

"We fly to your protection, O Holy Mother of God".

In the present tragic situation, when the whole world is prey to suffering and anxiety, we fly to you, Mother of God and our Mother, and seek refuge under your protection.

Virgin Mary, turn your merciful eyes towards us amid this coronavirus pandemic. Comfort those who are distraught and mourn their loved ones who have died, and at times are buried in a way that grieves them deeply.

Be close to those who are concerned for their loved ones who are sick and who, in order to prevent the spread of the disease, cannot be close to them. Fill with hope those who are troubled by the uncertainty of the future and the consequences for the economy and employment.

Mother of God and our Mother, pray for us to God, the Father of mercies, that this great suffering may end and that hope and peace may dawn anew. Plead with your divine son, as you did at Cana, so that the families of the sick and the victims be comforted, and their hearts be opened to confidence and trust.

Protect those doctors, nurses, health workers and volunteers who are on the frontline of this emergency, and are risking their lives to save others. Support their heroic effort and grant them strength, generosity and continued health.

Be close to those who assist the sick night and day, and to priests who, in their pastoral concern and fidelity to the Gospel, are trying to help and support everyone.

Blessed Virgin, illumine the minds of men and women engaged in scientific research, that they may find effective solutions to overcome this virus.

Support national leaders, that with wisdom, solicitude and generosity they may come to the aid of those lacking the basic necessities of life and may devise social and economic solutions inspired by farsightedness and solidarity.

Mary Most Holy, stir our consciences, so that the enormous funds invested in developing and stockpiling arms will instead be spent on promoting effective research on how to prevent similar tragedies from occurring in the future.

Beloved Mother, help us realize that we are all members of one great family and to recognize the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate

countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course.

To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O clement, O Loving, O Sweet Virgin Mary. Amen.

**Today is the end of Easter Season. The Paschal Candle will be put away in the sacristy. The vestment will be green except on special days. We resume the Ordinary Time, Week 9, with lots of celebrations of significant meanings in our liturgical calendar.**



**In Memoriam:** All who have gone before us, especially members of our communities whose anniversaries occur around this week: Robert Charles Arnold, Catherine Stanley, Kathleen Salter, Betty Straker, Gerald Richardson, and June Robinson.

**COLIN BALL** - Julie and family would like to thank everyone for their kindness and support through Masses said for Colin, cards and letters of condolence, flowers, and other messages received. It is a great comfort to all the family to share in your love and memories of Colin. It is our intention to have a memorial Mass and celebration of Colin's life, once we are able to be together again. If you would like to contribute, there is an online condolence book for Colin, which can be accessed via the following link:  
[www.theonlinebookcompany.com/OnlineBooks/ColinSimpsonBall/Content/Filler](http://www.theonlinebookcompany.com/OnlineBooks/ColinSimpsonBall/Content/Filler)

**CONDOLENCES:** to the bereaved families of Edna Edora Fernandez (Funeral on 1st June), Ernestine Josefina Wisbey (Funeral on 4th June), and Elise Garland (Funeral on 19th June). May they rest in peace.

**CATHOLIC CHAPLAIN TO ADDENBROOKE'S HOSPITAL:** Fr Adrian Gates could visit a patient if staff allow him. In case you or your loved ones are hospitalised, please ask the staff to contact him for the sacraments. He can visit a patient if he is called by the hospital.

## HOLY MASS ON FACEBOOK

Hope you will be able to participate in Mass on either of the following pages:

Cambourne Catholic Church or OLOL and SJF Parish

- Saturday 30th May: 12.15pm, and Vigil Mass of Pentecost 7.15pm (Pro populo)

- Pentecost Sunday 31st May: 10.15pm (Binoy & Treesa's 31st Wedding Anniversary), and 12.15pm (Liz & Justin's Thanksgiving)

- Monday 1st June (Mary - Mother of the Church): 12.15pm (Josie Mountain's Intentions) and 7.15pm (Paul Petruzzello†)

- Tuesday 2nd June: 10.15pm [Please note this unusual time] (Patricia Caulfield†), and 7.15pm (Dr Edna Edora Fernandez+)

- Wednesday 3rd June (St. Charles Lwanga & Companions - Martyrs): 12.15pm and 7.15pm

- Thursday 4th June (Our Lord Jesus Christ, Eternal High Priest, Feast): 12.15pm (Joy & Mary's Intentions; Ahana's 14th Birthday), and 7.15pm (Ernestine Josefine Wisbey+)

- Friday 5th June (St. Boniface): 12.15pm (Colin Ball†), and 7.15pm

- Saturday 6th June: 12.15pm, and 7.15pm Vigil Mass for The Most Holy Trinity (Caroline & Andrew's Intentions)

- TRINITY SUNDAY 7th June: 10.15am (Anthony Hoang†), and 12.15 pm (Maria Magdalena Kiki Tjahjadi†)

+ THE FIRST HOLY COMMUNION MASSES would have taken place on The Most Holy Trinity Weekend. Please pray for our children who miss their First Holy Communion this year. May God bless them, and we will resume the First Holy Communion Programme when possible.

+ PARISH PRAYERS LIVE STREAM: You are welcome to join James for Morning Prayer at the usual time of 9.15am live every weekday morning from the comfort of your own homes. Go to either of the parish websites <http://cambournerc.com/>, or [www.ololsawston.org.uk](http://www.ololsawston.org.uk) at the designated time (9.15am or 6pm) and click on the audio link on the front page to listen live. The Rosary will be recited after Morning Prayer on Saturday mornings. The Angelus and Evening Prayer will be live at 6pm (Monday to Friday).

+ CONTRIBUTIONS: Thank you very much for your generosity

- Cambourne: Standing Order £228, Donations £90 (bank transfer).

- Sawston: Standing Order £756; Stipends: £85 (bank transfer).

+ MASS INTENTIONS: If you would like to have a Mass said for deceased people, or for your intentions, please contact Fr John. You can make a donations by cheque or bank transfer with the reference YOURSURNAME+MASS.

\* DONATIONS: If you would like to make a donation by cheque, direct debit, or standing order, please see below. For reference, please put YOURSURNAME+DONATION. Many thanks.

- CAMBOURNE: Cheques payable to SJF CHURCH. Bank transfer details: Barclays Bank UK Plc, Cambridge Branch, Sort code: 20-17-20, Account number 33031454.

- SAWSTON: Cheques payable to OLOL & SJF PARISH. Bank transfer details: Barclays Bank UK Plc, Cambridge Branch, Sort code: 20-17-20, Account number 03187187. Please note that although this is named as a parish account it is in fact the Sawston account.

\* LEGACY & WILLS: If you would like to leave a legacy or include the Parish in your will, please contact Fr. John or a member of the Finance Committees.

NB to all Gift Aiders: It is hoped that you are still able to continue your support to your Parish and the Diocese. However, if your circumstances have changed, please contact your parish priest +/- the Diocese.'

### CATECHESIS

+ Bishop Barron's series on the Sacraments is available for free. If anyone is interested to watch this wonderful resource they can watch it online. They just need to provide an email address.

<https://sacraments.wordonfire.org/episode1access>

### DIOCESAN NEWS

Pentecost Sunday May 31st – National Rosary relay Rally across England, Wales, Scotland - 9am to 9pm

The Diocese of East Anglia has been asked to pray the Rosary between 2.00pm and 3.00pm on Sunday May 31<sup>st</sup>, Pentecost Sunday. Bishop Alan will lead the Rosary at 2.00pm which will be live streamed from St John the Baptist's Cathedral that afternoon.

The focus for our prayer intentions is :

- For faith, the sanctity of life and peace in the world;
- For an end to the Covid 19 virus, for the sick and dying, for the dead and the grieving, for all health workers and carers, for those researching for an anti-virus;
- For the protection of the common good and people's economic livelihoods;
- For the poor, homeless and destitute;
- That the Holy Spirit will preserve us from disaster and war.



## OTHER NEWS

**+ HOPE INTO ACTION:** Ed Walker, the founder of Hope into Action has written a most inspirational book about how the charity started and has developed. Copies have been placed on the table outside the sacristy; do borrow, read and return. Alternatively, you could buy a copy of the book at: [www.hopeintoaction.org.uk/shop/a-house-built-on-love](http://www.hopeintoaction.org.uk/shop/a-house-built-on-love). All royalties from the book sales go to the charity. It would be wonderful for as many parishioners as possible to read the book and fully appreciate our partnership mission.

**+ Ignite Appeal:** Looking for a new challenge in September? The Diocesan Youth Service is seeking applications from 18-35 year olds to join the Ignite Team for 2020-2021. Spend a year sharing the Gospel message with children and young people across East Anglia, developing new skills and growing in your faith. Accommodation, food and other living expenses are provided plus a £200 monthly allowance. Ideal as a 'gap year' (can be extended). For more information visit [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth) or email Ciaran on [igniteteam@rcdea.org.uk](mailto:igniteteam@rcdea.org.uk).

**+ Good Counsel Network Appeal:** Please join us in praying and fasting for the end of abortion in this Country on Tuesday 23<sup>rd</sup> June, the Vigil of the Feast of St John the Baptist. Go onto the following Facebook event and click **Going** and then click **Share** and then use the **Invite** option to invite others. Many thanks.

[www.facebook.com/events/572941403618449/](https://www.facebook.com/events/572941403618449/)

**+ CAFOD EMERGENCY APPEAL:** The effects of the pandemic on developing countries are likely to be devastating. Many countries have very weak healthcare systems and will not be able to cope. Families without enough to eat and without access to clean water, possibly living with other diseases, will be particularly vulnerable to coronavirus. It is not just a public health emergency. Many of the world's most vulnerable people will lose their jobs and be unable to support their families. The poorest and most marginalised communities, working hard to transform their lives, will be pushed further into poverty. CAFOD is adapting its programmes to help manage the risk of coronavirus in communities and working with local Church aid agencies on the frontline of this crisis. They are already working to get food to where it is needed most; to improve hygiene, handwashing and sanitation in communities and households; producing radio messages, posters and leaflets in local languages on risks and prevention; and training community volunteers to carry out awareness campaigns. In order to continue protecting and improving the lives of those in poor communities, your prayers and gifts are needed now more than ever. While we are not able to hold collections in our church, you can donate at [cafod.org.uk/coronavirusappeal](http://cafod.org.uk/coronavirusappeal). Many thanks.

**+ There are some SCAM EMAILS ASKING FOR MONEY or INFORMATION. Please do not reply. Just DELETE them.**

## JUNE 2020

**+ June is the traditional month of the Sacred Heart Devotion. There are many ways to pray; please feel free to use the prayers you like. This simple prayer will be used in our Parish during June this year,**

O Most Holy Heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death. Amen.

**And please use the following hymn as your prayer when possible:**

1. Sweet Heart of Jesus, font of love and mercy  
Today we come, Thy blessing to implore.  
Oh touch our hearts, so cold and so ungrateful  
And make them Lord, Thine own for evermore.

*Sweet Heart of Jesus we implore,  
Oh make us love Thee more and more.*

2. Sweet heart of Jesus, make us know and love thee,  
Unfold to us the treasures of thy grace;  
That so our hearts, from things of earth uplifted,  
May long alone to gaze upon thy face.

*Sweet Heart of Jesus we implore,  
Oh make us love Thee more and more.*

3. Sweet Heart of Jesus, make us pure and gentle  
And teach us how to do Thy blessed will;  
To follow close the print of Thy dear footsteps  
And when we fall, Sweet Heart, oh love us still.

*Sweet Heart of Jesus we implore,  
Oh make us love Thee more and more.*

